

2026 Youth Leadership Online Training Schedule

Imperial Youth Department, A.E.A.O.N.M.S., Inc.

The Imperial Youth Department Leadership Program is designed to train youth (ages 8 to 18) who are interested in becoming future leaders. This course provides training on attributes such as leadership skills development, personal attributes along with having a healthy mindset, career opportunities, entrepreneurship, and more. This is an interactive course where youth can ask questions as well as participate in activities presented by the speakers. At the end of this course, youth will understand characteristics of a successful leader. Upon completing this course, youth will receive a Certificate of Completion in Leadership Training along with a letter to help build the youth's resume. *The 2026 Lesson Series helps youth build a healthy mindset, recognize mental health challenges in peers, and develop leadership attributes that strengthen life skills and effective leadership.*

Date/Time: Monthly 3rd Saturday @ 10am Eastern Standard Time)

Month	Topic
January	Program Overview
February	Your Mind Matters <ul style="list-style-type: none">• Understanding & Recognizing Mental Health• Having a Healthy Mindset – Dealing with Bullying, Relationships, Depression• How to communicate effectively as a youth leader
March	Dealing with IT: Bullying, Big Feelings, Relationships & Healthy Coping <ul style="list-style-type: none">• How mental health can affect school, friendships, and daily life
April	Real Talk: It's Okay to Talk About It <ul style="list-style-type: none">• Encouraging kindness, empathy, and listening (attributes of a good leader)• Seeking Help is a Strength
May	Who's Got Your Back <ul style="list-style-type: none">• Resources• Q & A• Graduation Ceremony

Special Note: Only 1 excused absence is allowed. Youth who complete all 5 courses will receive a Certificate of "Full" Completion. If the youth miss 2 courses, a Certificate of "Partial" Completion will be issued.